



University of the  
West of England

## Health: The Design, Planning and Politics of How and Where We Live

- **Paper / Proposal Title:**

Perceived Well-being in Densely Built Areas

- **Format:**

Written paper / Presentation in-person

- **Author(s) Name:**

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- **University or Company Affiliation:**

Aalto University, Finnish Environment Institute

- **Abstract (300 words):**

How do residents in densely built areas in the Helsinki metropolitan area perceive their subjective well-being? Results of quantitative, location-based health/well-being survey (courtesy Finnish Health and Well-being Institute), matched with built environment grid data from the Finnish Environment Institute. Perceived health, functioning capacity, income and quality of life correlate with the respondent's age, education and work status, but also with both the social and physical living environment of the respondent:

both on a macro (neighbourhood) level and micro (dwelling) level. Results are analysed in the context of dense urban areas within the capital region.

• **Author(s) Biography (200 words each):**

Katriina Rosengren is an architect, urban planner and researcher at the Finnish Environment Institute, working on research projects focusing on urban sustainability strategies.